



## 2024 Outdoor Track & Field

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### Mission Statement

*Cleveland Youth Running Club  
empowers the youth to live a healthy lifestyle,  
to grow into leaders, and to foster a sense of community  
through competition and teamwork.*

### Vision Statement

*To be Ohio's premiere youth running club  
while positively impacting our communities and each other.*

### Club Description:

We are a running club for all youths interested in working hard as a TEAM, setting goals and going after them with everything they have, learning new things every day to help improve themselves.

For the 2024 Outdoor Track & Field Season we are focusing on the group of student-athletes from **1<sup>st</sup> grade through 8<sup>th</sup> grade**.

### Training Dates:

We will Start Tuesday, March 12, 2024 @ Chardon High School Track

Tuesday and Thursday from 6:00 – 7:30p.m.

The schedule will look like the following:

5:55 – 6:00	Arrive
6:00 – 6:15	Warm-up and Drills
6:15 – 7:15	Workout
7:15 – 7:30	Cool-Down, Core, and Stretching

\*May incorporate weekend practices depending on the final meet schedule.

\*Final Meet Schedule is still under review and being coordinated with meet directors.

## **Participation Fee:**

### **1<sup>st</sup> Grade and 2<sup>nd</sup> Grade - Season is \$250\***

If Singlet & Shorts are needed, an additional \$40.  
(Parents required to stay at practice)

### **3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> Grades - Season is \$300\***

If Singlet & Shorts are needed, an additional \$40.

### **6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> Grades - Season is \$325\***

If Singlet & Shorts are needed, an additional \$55.

### **9<sup>th</sup> – 12<sup>th</sup> Grades - Season is \$300** (no meets are guaranteed, additional cost if available)

If Singlet & Shorts are needed, an additional \$55.

\*Includes regular season meet entries. Post Season entries are additional.

\*\* 2024 USATF Membership and 2024 AAU Membership are optional but may be needed for some post season meets if you choose to compete in those meets.

### **USATF Membership:** <https://www.usatf.org/membership/application/index.asp>

Please go to the above web page and complete the individual USATF Membership (Student), Under the section for **USATF-Registered Club** Please enter **Cleveland Youth Running Club #18-8101.**

### **AAU Registration:** [https://application.aausports.org/clublocator/?sSport\\_cd=AT](https://application.aausports.org/clublocator/?sSport_cd=AT)

Please go to the above web page and complete the individual AAU Membership. Please enter: **Cleveland Youth Running Club**

**Finalize your Registration:** Please complete the following by Sunday, March 3, 2024.

1. **Athlete Information Sheet - Google Document**
2. **Participation Fee - Venmo Account: @CYRC1 or on Webpage with Credit Card**
3. **Cleveland Youth Running Club Release Waiver**
4. **2024 CYRC - Code of Conduct** – if not submitted in Cross Country
5. **2024 CYRC - Emergency Medical Authorization** – if not submitted in Cross Country
6. **2024 CYRC - OHSAA Physical Package** – if not submitted in Cross Country
7. **Register for USATF Membership** – if needed
8. **Register for AAU Membership** – if needed

**All Communication will go out through the App: BAND**

Called: “Cleveland Youth Running Club”

\*We will send Invitation once your information is received.



Looking forward to working with the numerous student-athletes that are interested in Track & Field. With the numerous field events and running events, we are always looking for interested parents that are willing to help.

Thank you very much for your time and if there are any additional questions, please call me at (440) 231-9839

**CHARDON HIGH SCHOOL – Track & Field Complex**  
**151 Chardon Avenue, Chardon, Ohio 44024**



**Parking can be tough at times, there are numerous areas you can park.**

